

Is this workshop for you?

If you feel stuck, overthink scenes, force emotions, or freeze in the moment, this training is designed for you.

If you want to:

Act truthfully in the moment, trusting your instincts, taking risks, and being fully seen without fear.

Why this training works

- You are coached, not entertained
- You are seen, challenged, and supported
- You learn by doing, not observing
- You are held accountable to your growth

Level 1 is where that shift begins.

This is not a *theoretical* class, it's a **doing** experience.

If you are only looking for quick fame, shortcuts, or surface-level techniques, this is not the right space.



Enter the training.



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The Actor's Truth was founded by Saurabh Sachdeva to bring actors back to what is real.

Over the years, the school has trained thousands of students, working actors, creators, and performers through a process rooted in instinct, emotional honesty, and physical presence.

What began as a small studio in Mumbai has grown into a community where actors learn to trust themselves, take risks, and access truthful expression. Level 1 is the foundation of this work, now brought to Dubai.



This work cannot be understood outside the room.

What will you create in Level 1?

Here is What forms your foundation in Level 1:

BEING

Awareness of your impulses
Emotional availability
Courage to be vulnerable
A truthful relationship with yourself

DOING

Acting in the moment
Making clear choices
Using your body and voice with intention
Working truthfully with a co-actor



For enquiries :



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Real people, Real Risk Real Coaching

JOIN US IN DUBAI

If you want to grow as an actor, challenge yourself, and discover who you are beyond performance, **Level 1 is your starting point.**



Workshop Begins **20 February 2026**

WHO IS LEVEL 1 FOR?

- Beginners
- Working actors
- Influencers and content creators
- Theatre performers
- Anyone who want emotional freedom, confidence and self-expression



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Call/DM us to Register

Leave more honest than you arrived.



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